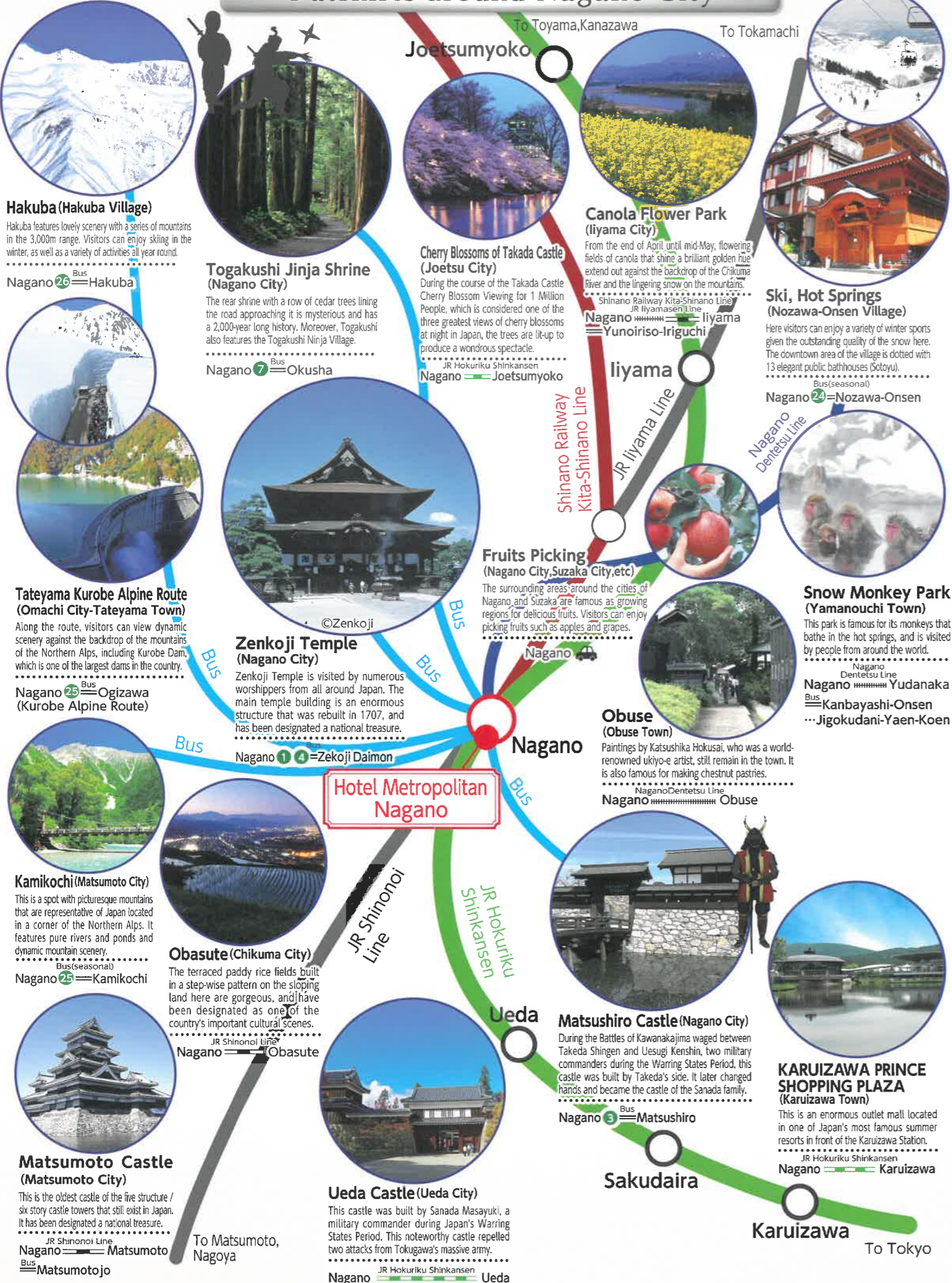


Please see the BUS PLATFORM MAP on the right-hand side page.

Guide to Tourist Attractions in the Outskirts around Nagano City



Hotel Metropolitan Nagano

Located in a convenient location for sightseeing with easy access to transportation. We provide hospitality to everyone.



Restaurant & Bar

Japanese Restaurant: 日本料理 海の 寿司 海津 鉄板焼 中 中

Chinese Restaurant: 中国料理 皇華 Fan Fahr

Cafe Restaurant: Iris アイリス

Main Bar: APOLLO

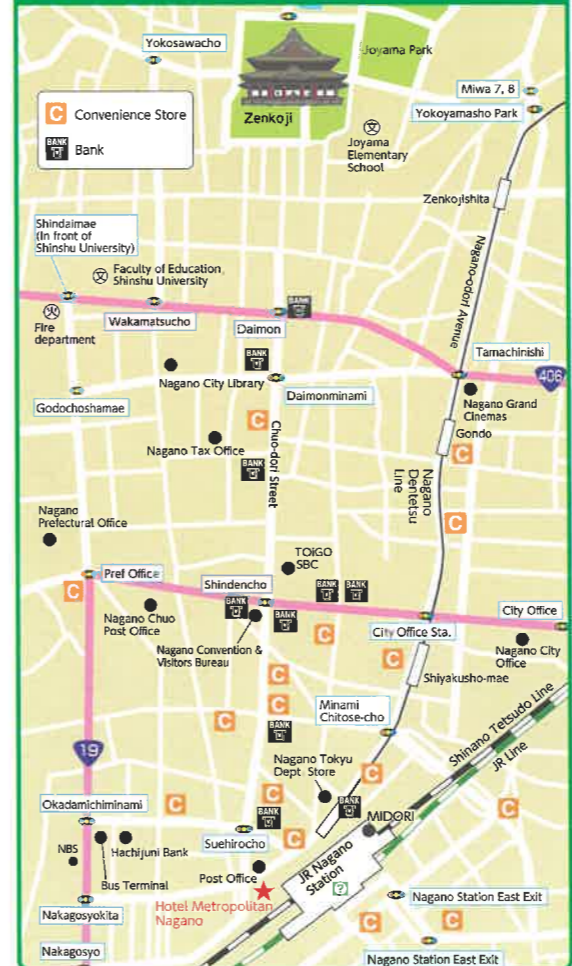
Banquet hall, Guest room

HOTEL METROPOLITAN NAGANO JR-EAST

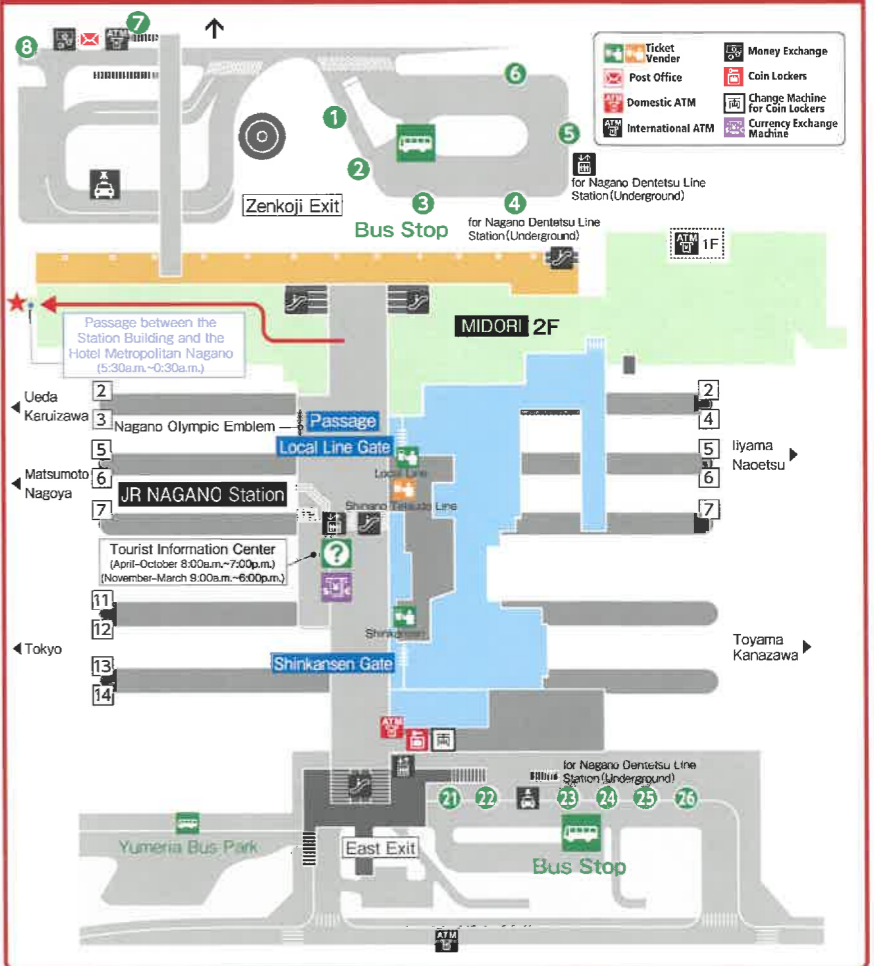
1346, Minami-ishido-cho, Nagano city,
Nagano Japan 380-0824
TEL +81-26-291-7000 FAX +81-26-291-7007
E-mail: shuku@metro-n.co.jp
<https://nagano.hotel-metropolitan.com/>

GDS Access Code	
Sabre	JR 07555
Amadeus	JR QNGMNH
Galileo	JR 19150
Worldspan	JR 80208

NAGANO STATION AREA MAP



JR NAGANO STATION (BUS PLATFORM MAP)

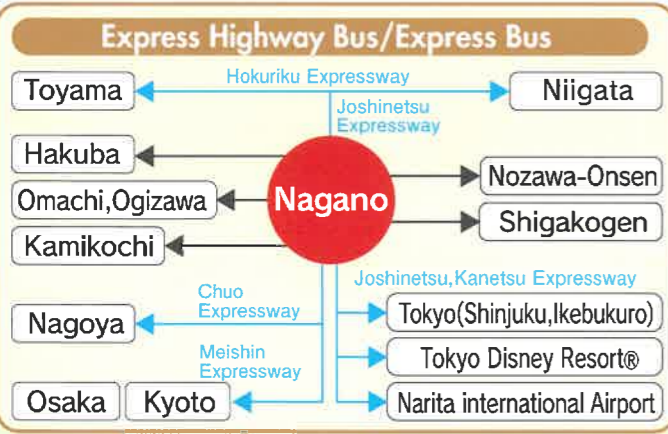
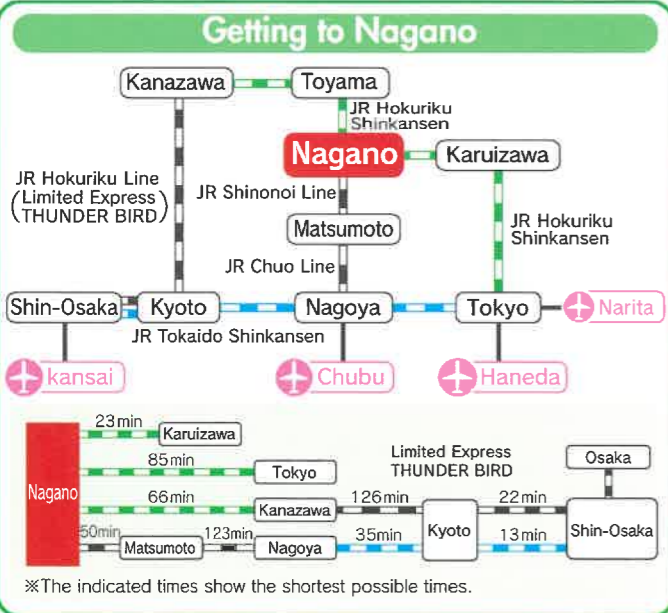


※ All photos are images. ※ The information in this pamphlet is current as of November 2022.

Focusing mainly on Nagano Prefecture Regional Map

Nagano City, which was the host city for the 1998 Winter Olympics, is located square in the middle of Japan. The capital of Tokyo is to its southeast, Nagoya is to its southwest, and it also connects to Kyoto and Osaka in this direction. It also connects to Niigata to the northeast and Toyama and Kanazawa to its northwest. Travelers can conveniently travel to a variety of different places by train or express highway bus. They can also fully enjoy traveling in Japan by making the rounds to the tourist attractions in different regions.

ACCESS



Hokuriku Arch Pass

Hokuriku Area (Fukui, Ishikawa, Toyama)

Tokyo Area

Osaka, Kyoto Area

Purchasing from Outside Japan

Adult (12 year old or older)	24,500yen	Children (6-11 year old)	12,250yen
Purchasing in Japan	25,500yen	12,750yen	

Unlimited-raid Pass for affordable trips in Tokyo/Osaka and Hokuriku areas!

<https://www.jreast.co.jp/multi/en/pass/hokurikuarch.html>

Kenrokuen

This Japanese-style garden is a representative example of the Edo Period, with its beauty and grandeur. It is considered one of the three best gardens in Japan. Kanazawa City, Ishikawa Prefecture

Shirakawago

Roofs referred to as gassho-zukuri (steep, thatched roofs) have a distinctive shape that was born from the wisdom of the villagers who lived in among nature. It is a World Cultural Heritage site. Shirakawa Village, Gifu Prefecture

NAGANO

Sado ga shima

Niigata (Niigata Airport)

Nikko

This dazzling shrine enshrines Tokugawa Ieyasu, the first Shogun who began the Edo Shogunate. It is a national treasure and a World Cultural Heritage site. Nikko City, Tochigi Prefecture

Snow Monkey

The wild monkeys who seem to enjoy bathing in the hot springs during the snowy season are enormously popular. Yamanouchi Town, Nagano Prefecture

M-WAVE

M-WAVE brought a lot of excitement to Japan during the 1998 Winter Olympic Games in Nagano as the venue for the speed skating events. Nagano Olympic Museum is the memorial corner for introducing all of the memorial days. The actual equipment used in the games can be found here.

Matsumoto Castle

This is the oldest castle of the five structure castle towers, and was built during the Warring States Period. Its black and white colors look magnificent against the mountains of the Japanese Alps, and it is a national treasure. Matsumoto City, Nagano Prefecture

Mt. Fuji

This volcano has a beautiful shape and is symbolic of the Japanese nation. The surrounding area contains numerous leisure facilities, and it is enormously popular worldwide. It is a World Cultural Heritage site.

Toyota Commemorative Museum of Industry and Technology

This is a corporate museum run by the Toyota Group that preserves and makes use of a red brick building that is valuable in an architectural history sense, as a form of industrial heritage. Nishi Ward, Nagaya City

Osaka

Kyoto

Numerous temples, shrines, and other sites that are representative of Japan still remain in the former capital of Kyoto. It is popular worldwide as a city where visitors can get the greatest feel for the traditions of Japan. Visitors might even be able to catch a glimpse of a maiko (apprentice geisha). Features World Cultural Heritage sites.

Chubu International Airport

Nagoya

Shinjuku

Tokyo

Narita International Airport

Haneda (Tokyo International Airport)

Tokyo Disney Resort®

Legend:

- Shinkansen
- JR Line
- Other Railroad
- Express Highway
- Bus
- Walk

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