Please see the BUS PLATFORM MAP on the right-hand side page



Hakuba (Hakuba Village)

Hakuba features lovely scenery with a series of mountains in the 3,000m range. Visitors can enjoy skiing in the winter, as well as a variety of activities all year round.



Tateyama Kurobe Alpine Route (Omachi City-Tateyama Town)

Along the route, visitors can view dynamic scenery against the backdrop of the mountains of the Northern Alps, including Kurobe Dam, which is one of the largest dams in the country.

Nagano Bus Ogizawa (Kurobe Alpine Route)



Kamikochi (Matsumoto City)

This is a spot with picturesque mountains that are representative of Japan located in a corner of the Northern Alps. II features pure rivers and ponds and

Nagano 25 — Kamikochi



Matsumoto Castle (Matsumoto City)

This is the oldest castle of the five structure / six story castle towers that still exist in Japan. It has been designated a national treasure. JR Shinonoi Line
Nagano Matsumoto

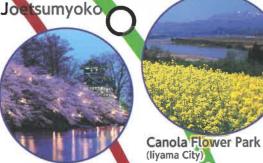
■Matsumoto io

Guide to Tourist Attractions in the Outskirts around Nagano City



Togakushi Jinja Shrine (Nagano City)

The rear shrine with a row of cedar trees lining the road approaching it is mysterious and has a 2,000-year long history, Moreover, Togakushi also features the Togakushi Ninia Village.



Nagano #

Yunoiriso-Iriguch

liyama

Tovama,Kanazawa

Cherry Blossoms of Takada Castle (Joétsu City)

During the course of the Takada Castle Cherry Blossom Viewing for 1 Million People, which is considered one of the three greatest views of cherry blossoms at night in Japan, the trees are lit-up to roduce a wondrous spectacle.

Nagano — Joetsumyoko



Ski, Hot Springs (Nozawa-Onsen Village)

Here visitors can enjoy a variety of winter sports given the outstanding quality of the snow here. The downtown area of the village is dotted with 13 elegant public bathhouses (Sotoyu).

Nagano 24=Nozawa-Onsen



Fruits Picking

(Nagano City, Suzaka City, etc)

Obuse (Obuse Town) Nagano

Paintings by Katsushika Hokusai, who was a world renowned ukivo-e artist, still remain in the town. It is also famous for making chestnut pastries.

Snow Monkey Park (Yamanouchi Town)

This park is famous for its monkeys that bathe in the hot springs, and is visited

by people from around the world.

Nagano
Dentetsu Line
Nagano
Nagano
Nagano
Nagano ^{Bus}Kanbavashi-Onsen ···Jigokudani-Yaen-Koen

Hotel Metropolitan Nagano



Zenkoji Temple

Zenkoji Temple is visited by numerous

worshippers from all around Japan. The main temple building is an enormous

structure that was rebuilt in 1707, and has been designated a national treasure.

Nagano 1 = Zekoji Daimon

(Nagano City)

Obasute (Chikuma City)

The terraced paddy rice fields built in a step-wise pattern on the sloping land here are gorgeous, and have been designated as one of the country's important cultural scenes.

JR Shinonoi Line

Nagano

Obasute

To Matsumoto.



Ueda Castle (Ueda City)

This castle was built by Sanada Masayuki, a military commander during Japan's Warring States Period. This noteworthy castle repelled two attacks from Tokugawa's massive army.

Nagano JR Hokuriku Shinkansen Ueda



Matsushiro Castle (Nagano City)

During the Battles of Kawanakajima waged between Takeda Shingen and Uesugi Kenshin, two military commanders during the Warring States Period, this astle was built by Takeda's side. It later changed ands and became the castle of the Sanada family.

Nagano Matsushiro



KARUIZAWA PRINCE SHOPPING PLAZA

This is an enormous outlet mall located in one of Japan's most famous summer resorts in front of the Karuizawa Station.

JR Hokuriku Shinkansen

Nagano Karuizawa



To Tokyo

Hotel Metropolitan Nagano

Located in a convenient location for sightseeing with easy access to transportation. We provide hospitality to everyone.







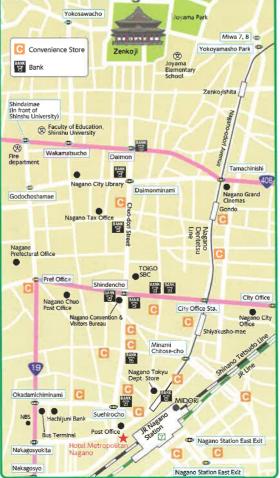
HOTEL METROPOLITAN NAGANO JR-EAST

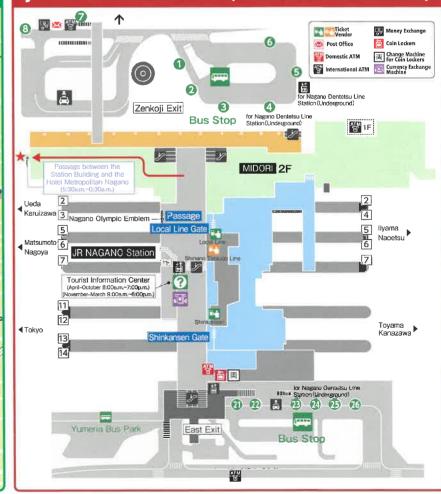
1346, Minami-ishido-cho, Nagano city, Nagano Japan 380-0824 TEL +81-26-291-7000 FAX +81-26-291-7007 E-mail:shuku@metro-n.co.jp

IR NAGANO STATION (BUS PLATFORM MAP)

Sabre	JR 67668
Amadeus	JR QNGMNH
Galileo	JR 19150
Worldspan	JR 80208



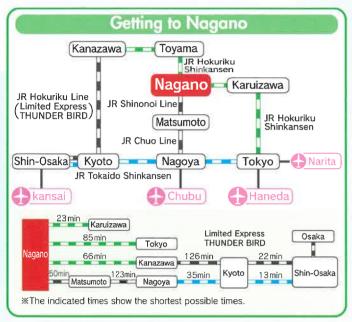


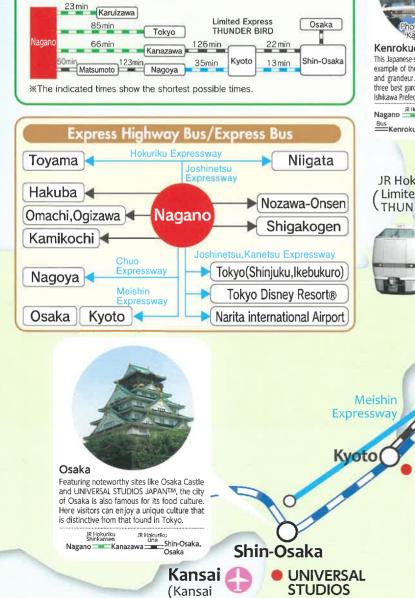


XAII photos are images. XThe information in this pamphlet is current as of November 2022

Focusing mainly on Nagano Prefecture Regional Map

Nagano City, which was the host city for the 1998 Winter Olympics, is located square in the middle of Japan. The capital of Tokyo is to its southeast, Nagoya is to its southwest, and it also connects to Kyoto and Osaka in this direction. It also connects to Niigata to the northeast and Toyama and Kanazawa to its northwest. Travelers can conveniently travel to a variety of different places by train or express highway bus. They can also fully enjoy traveling in Japan by making the rounds to the tourist attractions in different regions.





International

Airport)



traditions of Japan. Visitors might even be able to catch a glimpse of a maiko (apprentice geisha).

Features World Cultural Heritage sites. JR Hokuriku Shinkansen JR Hokuriku Line
Nagano Kanazawa Kyoto

JAPANTM



Mt.Fuji

Heritage site.

This volcano has a beautiful shape and is symbolic of the Japanese nation. The surrounding area contains numerous leisure facilities, and it is enormously popular

worldwide. It is a World Cultural

Fujikyuko Line
HHHHH Kawaguchiko Mt.Fuji

Chuo Expresswa

JR Chuo Line

Expresswa

Shinjuku

Tokyo

Tokyo Disney Resort

Narita

International

(Narita

Airport)

Utsunomiya

Haneda

(Tokyo International Airport)

Toyota Commemorative Museum of Industry and Technology

JR Tokaido Shinkansen

This is a corporate museum run by the oyota Group that preserves and makes use of a red brick building that is valuable in an architectural history sense, as a form of ndustrial heritage, Nishi Ward, Nagaya City

Museum of Industry and Technology

Photo provided by Toyota Commemorative

JR Line Other Railroad Express Highway Bus Walk

Shinkansen

※ All photos are images. *The information in this pamphlet is current as of November 2022